

January 30th, 2014

Dear Sound Physical Therapy Patients:

This letter is to inform you that as of February 1st 2014, Regence BlueShield* has begun requiring pre-notification and authorization for all Physical Medicine (which includes physical therapy) care beyond the Initial Evaluation through CareCore National (CCN). This requirement is above and beyond any physician prescription. This policy applies to your Regence benefits regardless of the number of treatment visits your annual benefit package includes.

If your Initial Evaluation occurs after February 1st, your Physical Therapist will contact CareCore National to request authorization for the first set of treatments, and will submit the needed notification and documentation required to obtain authorization for continued treatment after those visits are completed.

If your Initial Evaluation occurred before that date and you are an ongoing patient at Sound Physical Therapy, your Physical Therapist will submit a notification request to obtain authorization for your care beyond that date. If CareCore National does not approve your Physical Therapy care beyond February 1st, you will be notified.

If you have are unsure whether this **new Regence policy** applies to you or have other questions or concerns, please contact Regence BlueShield directly with the phone number on your insurance card and/or your Human Resources Department at your place of employment. Sound Physical Therapy has no ability to modify this policy.

Sincerely,

Sound Physical Therapy

**Plans included: Group and Individual Products, Medicare Advantage*

Plans excluded : Boeing, Medigap, Kent Fire, KingCare, Pierce County, City of Tacoma, Uniform Medical Plan, Federal Employees, Regence Group Administrators, Health Management Admin, Out of state BC BS, AWC benefit Trust & some ASO groups